

### Reflective Questions:

- ✚ Where are the spaces in my heart that need to feel the deep love of God?
- ✚ Where are the feelings of love that I can share with others?

### Prayer of Blessing:

May the love of life fill our hearts.

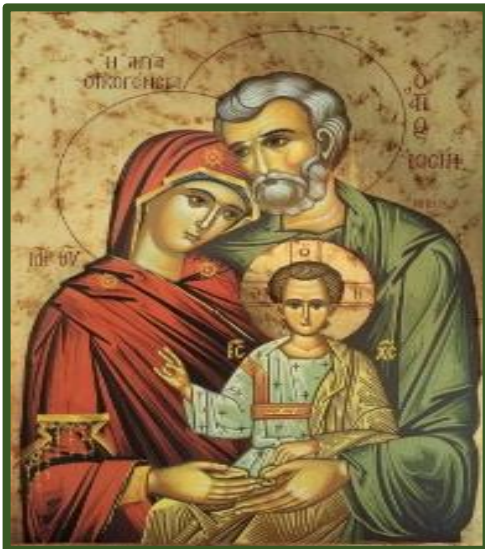
May the love of earth bring joy to heaven.

May the love of self deepen our souls.

May the love of neighbour heal our world.

This day as peoples, as families, as nations, as creation,  
may the love of life heal our world.

*John Philip Newell (adapted)*



## Valentine's Day Reflection

*February 14, 2021*

*Mercy is the very heartbeat of God  
resonant in creation;  
the warmth that pulses through all things  
as the divine Mystery  
flows out into created form.*

*Cynthia Bourgeault*

## A Prayer for Valentine's Day

Praise to the One whose love stirs the ancient embers,  
... **sparks the breath of prayer.**  
Praise to the One whose love entices the wandering,  
... **beckons the confused.**  
Praise to the One whose love grows wings on the weary,  
... **dreams hope in the discouraged.**  
Praise to the One whose love soothes with the ointment of mercy,  
... **transforms with the touch of compassion.**  
Praise to the One whose love threads the energy of friendship,  
... **stitches the strength of fidelity.**  
Praise to the One whose love tickles the soul with laughter,  
... **urges the heart toward joy.**  
Praise to the one whose love embraces the untamed,  
... **dances with the passionate.**  
All praise to this Gracious One  
All gratitude to this Beloved  
All love to this Mentor of Friendship  
All devotion to this Shaper of Hearts.

*Out of the Ordinary - Joyce Rupp*

### Readings for Reflection:

~ Now close your eyes for a time of brief reflection and meditation.  
~ Take a deep breath and quiet your soul.  
~ Let these verses on love reach deep into the core of your being  
where they can take root and grow.



Where your treasure is there your heart will be also.

Matthew 6: 21

Spread love everywhere you go. Let no one ever come to you  
without leaving happier.

Mother Teresa

Love is the only light that can constantly illuminate a world grown  
dim.

Pope Francis

By the light of day and by the dark of night your God has not  
forgotten you.

Quran

I have loved you with an everlasting love  
Therefore I have continued my faithfulness to you.

Jeremiah 31:3

Give thanks to the Lord for he is good. His steadfast love endures  
forever.

Psalms 136: 13